# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>MEDICATION RESOURCES</td>
<td>2</td>
</tr>
<tr>
<td>HOUSING RESOURCES</td>
<td>3</td>
</tr>
<tr>
<td>UNEMPLOYMENT RESOURCES</td>
<td>4</td>
</tr>
<tr>
<td>FOOD RESOURCES</td>
<td>5</td>
</tr>
<tr>
<td>CHILDCARE RESOURCES FOR HEALTHCARE PROFESSIONALS</td>
<td>10</td>
</tr>
<tr>
<td>EXERCISE RESOURCES</td>
<td>11</td>
</tr>
<tr>
<td>EDUCATIONAL RESOURCES FOR KIDS DURING SCHOOL CLOSURES</td>
<td>12</td>
</tr>
<tr>
<td>WAYS I CAN HELP</td>
<td>14</td>
</tr>
</tbody>
</table>
Medication resources

Free Home Delivery of Medications

On March 9, 2020, CVS Health announced additional COVID-19 resources to increase patient access to medications.

- Beginning immediately, CVS Pharmacy will waive charges for home delivery of prescription medications, which will help patients avoid visiting their local CVS Pharmacy for refills or new prescriptions.
- Aetna will offer 90-day maintenance medication prescriptions for insured and Medicare members.
- CVS Caremark is working with all PBM clients to waive early refill limits on 30-day prescription maintenance medications.

Walgreen’s is delivering all medications if requested

- As of 3/14/20 Walgreen’s in Corryville have hand sanitizer, bleach cleaning supplies and toilet paper
Housing resources

Evictions:

- On hold for 30 days in Hamilton Co only
- Butler County has e-filing for evictions
- If people have questions about their rights as tenants, they should call HOME (housing opportunities made equal) — they are still staffing their phone lines: 513-721-4663

Duke Energy: suspends disconnections (be aware: pts will still owe their bill at the end of the suspension…)

Cincinnati Water Works: will not shut off water and will restore water service to those who have been shut off (again, bills will need to be paid at some point…)

Cincinnati Water (@CincinnatiWater) Tweeted:
We are giving you what you need to wash your hands!
@CincinnatiWater has and will restore water service to homes and not complete shutoffs due to #coronavirus.
If you have questions, please call 513-591-7700.
You may experience longer wait times than usual.
@CityOfCincy https://t.co/CWnNltJt3N
https://twitter.com/CincinnatiWater/status/1238212510056144900?s=20
Unemployment resources

Ohio is expanding access to unemployment benefits during this period!!

https://unemployment.ohio.gov/PublicSelfServiceChoice.html
1877-644-6562 or TTY 1 614-387-8408
Food resources

Resources for Kids:


- Includes Frederick Douglass

![CPS Student Dining Services](image)

FREE BREAKFAST & LUNCH
While schools are closed, Cincinnati Public Schools will be providing FREE meals to all children 18 and under.

Starting March 17th, visit us on Mondays, Wednesdays, and Fridays between 11am and 1pm at one of the following school sites:

- AMIS
- Bond Hill
- Cheviot
- Frederick Douglass School
- Hays-Porter
- JP Parker
- LEAP
- Mt. Airy
- Mt. Washington
- Oyler
- Parker Woods
- Pleasant Hill
- Riverview
- Roberts
- Rockdale
- Roselawn
- Rothenberg
- Sayler Park
- South Avondale
- Western Hills HS
- Westwood
- Winton Hills
- Withrow
- Woodford

On Mondays, each child will receive 2 breakfasts and 2 lunches (4 meals). On Wednesdays, each child will receive 2 breakfasts and 2 lunches (4 meals). On Fridays, each child will receive 1 breakfast and 1 lunch (2 meals).

*On Tuesday, March 17th*, each child will receive 1 breakfast and 1 lunch (2 meals).

For more information, visit cps-k12.org or call Student Dining Services at 513-363-0800.

While supplies last.
# CPS Student Dining Meal Hubs during District Closure

3/17/2020-4/3/2020

Drive through/pick up meals Tuesday and Thursdays, only

11:00 am-1:00pm

<table>
<thead>
<tr>
<th>Site Name</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>AMIS</td>
<td>1908 E Seymour Ave, Cincinnati, OH 45237</td>
</tr>
<tr>
<td>Board of Education Center</td>
<td>2651 Burnet Ave, Cincinnati, OH 45219</td>
</tr>
<tr>
<td>Bond Hill</td>
<td>1510 California Ave, Cincinnati, OH 45237</td>
</tr>
<tr>
<td>Cheviot</td>
<td>4040 Harrison Ave, Cincinnati, OH 45211</td>
</tr>
<tr>
<td>Douglass</td>
<td>2627 Park Ave, Cincinnati, OH 45206</td>
</tr>
<tr>
<td>Hays</td>
<td>1030 Cutter St, Cincinnati, OH 45203</td>
</tr>
<tr>
<td>Iowa Street Student Dining Office</td>
<td>2315 Iowa St, Cincinnati, OH 45206</td>
</tr>
<tr>
<td>JP Parker</td>
<td>5051 Anderson Pl, Cincinnati, OH 45227</td>
</tr>
<tr>
<td>LEAP Academy</td>
<td>2001 Baltimore Ave, Cincinnati, OH 45225</td>
</tr>
<tr>
<td>Mt. Airy</td>
<td>5730 Colerain Ave, Cincinnati, OH 45239</td>
</tr>
<tr>
<td>Mt. Washington</td>
<td>1730 Mears Ave, Cincinnati, OH 45230</td>
</tr>
<tr>
<td>Oyler</td>
<td>2121 Hatmaker St, Cincinnati, OH 45204</td>
</tr>
<tr>
<td>Parker Woods</td>
<td>4370 Beech Hill Ave, Cincinnati, OH 45223</td>
</tr>
<tr>
<td>Pleasant Hill</td>
<td>1350 W North Bend Rd, Cincinnati, OH 45224</td>
</tr>
<tr>
<td>Riverview</td>
<td>3555 Kellogg Ave, Cincinnati, OH 45226</td>
</tr>
<tr>
<td>Roberts</td>
<td>1702 Grand Ave, Cincinnati, OH 45214</td>
</tr>
<tr>
<td>Rockdale</td>
<td>335 Rockdale Ave, Cincinnati, OH 45229</td>
</tr>
<tr>
<td>Roselawn</td>
<td>1594 Summit Rd, Cincinnati, OH 45237</td>
</tr>
<tr>
<td>Rothenberg</td>
<td>241 E Clifton Ave, Cincinnati, OH 45202</td>
</tr>
<tr>
<td>Sayler Park</td>
<td>6700 Home City Ave, Cincinnati, OH 45233</td>
</tr>
<tr>
<td>South Avondale</td>
<td>636 Prospect Pl, Cincinnati, OH 45229</td>
</tr>
<tr>
<td>West High</td>
<td>2144 Ferguson Rd, Cincinnati, OH 45238</td>
</tr>
<tr>
<td>Westwood</td>
<td>2981 Montgomery Ave, Cincinnati, OH 45211</td>
</tr>
<tr>
<td>Winton Hills</td>
<td>5300 Winnie Ave, Cincinnati, OH 45232</td>
</tr>
<tr>
<td>Withrow</td>
<td>2488 Madison Rd, Cincinnati, OH 45208</td>
</tr>
<tr>
<td>Woodford</td>
<td>3716 Woodford Rd, Cincinnati, OH 45213</td>
</tr>
</tbody>
</table>
Free meals for children under 18 at select library branches in partnership with UMC Food Ministry:

https://www.cincinnatilibrary.org/services/afterschoolsnacks.html

Shelf stable, ready to eat meals will be distributed on Monday-Friday while school is out at the following times and locations.

- 12-1 pm: Elmwood Place, Groesbeck, Madisonville, North Central, Reading and Main Library
- 2-3 pm: Avondale, Bond Hill, College Hill, Pleasant Ridge, West End, and Westwoo
- 4-5 pm: Corryville, Covedale, Deer Park, St. Bernard, and Walnut Hills

For families and individuals:

Freestore Foodbank

Freestore Foodbank (@FreestoreFB) Tweeted:
We are here to serve our neighbors when they need us the most. We provide food, connection & hope, especially during the most challenging times. As we face the COVID-19 (coronavirus) pandemic, our main priority is to keep our customers, volunteers, donors, & staff safe. (1/6)

https://twitter.com/FreestoreFB/status/1238661518784376832?s=20

Food Forest App

Grocery delivery service but shop around for lowest prices. One of our partners in Walnut Hills. This is app-based but pretty easy to learn. They are waiving delivery fees during this time.

https://www.foodforest.app/?fbclid=IwAR1VXL8aMJQMT_LfHiBExt4vCisl10wYcrdnEQbsplqTRJre8_18aSFpZK4
Does someone you care about need their groceries delivered? Place an order for them on Food Forest and we will deliver with no service charge.

Food Forest can accommodate SNAP / EBT payment options.

Deliveries in Cincinnati:
Sunday 5-7pm
Tuesday 5-7pm
Thursday 5-7pm

Ordering windows cut off at midnight the night before!

Be safe💪

Healthy Harvest Mobile Market
Will have prepackaged items and adjusting how they interact with customers to limit exposures
Produce Perks apply - double SNAP/EBT for produce items
# Healthy Harvest Mobile Market

**BRINGING FRESH, AFFORDABLE FRUITS, VEGETABLES, AND OTHER HEALTHY FOODS TO YOUR NEIGHBORHOOD EVERY WEEK!**

**OPEN TO THE PUBLIC!**

Follow us #HHMobileMarket

Find our current schedule at HealthyHarvestMobileMarket.com

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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</thead>
<tbody>
<tr>
<td><strong>BOND HILL</strong>&lt;br&gt;(10 a.m.-12 p.m.)&lt;br&gt;ST. ALOYSIUS&lt;br&gt;4221 Reading Rd.&lt;br&gt;Cincinnati, OH 45237</td>
<td><strong>CLIFTON</strong>&lt;br&gt;(9:30 a.m.-12:30 p.m.)&lt;br&gt;GOOD SAM HOSPITAL&lt;br&gt;376 McMyn Av.&lt;br&gt;Cincinnati, OH 45220</td>
<td><strong>EVANSTON</strong>&lt;br&gt;(11:30 a.m.-1:00 p.m.)&lt;br&gt;THE EVANSTON&lt;br&gt;1830 Ballard Av.&lt;br&gt;Cincinnati, OH 45207 (Near and Montgomery)</td>
<td><strong>PRICE HILL</strong>&lt;br&gt;(10 a.m.-12 p.m.)&lt;br&gt;ARTUHAN WOODS APTS.&lt;br&gt;Westmont Ln.&lt;br&gt;Cincinnati, OH 45205</td>
<td><strong>WEST END</strong>&lt;br&gt;(10 a.m.-12 p.m.)&lt;br&gt;STANLEY ROWE TOWERS&lt;br&gt;1021 Lime St.&lt;br&gt;Cincinnati, OH 45214</td>
</tr>
<tr>
<td><strong>WINTON HILLS</strong>&lt;br&gt;(1 p.m.-3 p.m.)&lt;br&gt;WINTON HILLS ACADEMY&lt;br&gt;5300 Winneke Ave.&lt;br&gt;Cincinnati, OH 45232</td>
<td><strong>MILLVALE</strong>&lt;br&gt;(1 p.m.-3 p.m.)&lt;br&gt;BECKMAN MARKET&lt;br&gt;Beekman &amp; Fricke,&lt;br&gt;Cincinnati, OH 45225 (Near Topeka Academy)</td>
<td><strong>AVONDALE</strong>&lt;br&gt;READING AND FOREST&lt;br&gt;Cincinnati, OH 45229 (Near Lincoln Statue)</td>
<td><strong>WALNUT HILLS</strong>&lt;br&gt;(1 p.m.-3 p.m.)&lt;br&gt;AT THE FORMER KROGERS&lt;br&gt;924 E McMicken.&lt;br&gt;Cincinnati, OH 45206</td>
<td><strong>SAYLER PARK</strong>&lt;br&gt;(1:30 p.m.-3:30 p.m.)&lt;br&gt;6600 Gracely Dr.&lt;br&gt;Cincinnati, OH 45233</td>
</tr>
</tbody>
</table>
Childcare resources for healthcare professionals

For Health Care Providers, the YMCA offering childcare for Healthcare Professionals: Childcare info to come, call branch for now.

Hospital Personnel Kids Camp, age 3-12
https://myy.org/hospital-personnel-kids-camp/

**HOURS**

6 a.m. – 5 p.m.

Hours may vary based on need of 1st shift hospital personnel

**PRICING**

$50/day* $225/week*

*Partial scholarships or subsides may be available, check with the local branch for details

**REGISTRATION**

Contact your local YMCA that is offering this program option. Space is limited, registrations will be first come, first serve. Proof of employment must be provided upon first check-in.

- Blue Ash 513-791-5000 (Blue Ash)
- Campbell County 859-781-1814 (Fort Thomas)
- Carl H. Lindner 513-241-9622 (West End)
- Clermont 513-724-9622 (Batavia)
- Clippard 513-923-4466 (Colerain)
- Gamble-Nippert 513-661-1105 (Westwood)
- Highland 937-840-9622 (Hillsboro)
- M.E. Lyons 513-474-1400 (Anderson)
Exercise resources

The Cincinnati YMCA is offering free workout video, adding on to it frequently. Currently has bootcamp, yoga, barre, kickboxing and exercises for older adults

https://myy.org/my-y-videos/
Educational resources for kids during school closures

For Kids during school closures:


Free videos of books being read aloud: [https://www.storylineonline.net](https://www.storylineonline.net)

Scholastic Learning at Home: 20 days worth of day-to-day projects divided by grade levels [https://classroommagazines.scholastic.com/support/learnathome.html?caching](https://classroommagazines.scholastic.com/support/learnathome.html?caching)

Resources from Cincinnati Library: [https://blog.cincinnatilib.org/Blog/covid19educator](https://blog.cincinnatilib.org/Blog/covid19educator) eBranch - [https://cinlib.org/2kVu8kG](https://cinlib.org/2kVu8kG) Ohio residents Can get a free Library card online [https://cinlib.org/2ZcBGif](https://cinlib.org/2ZcBGif)

Virtual entertainment list - includes Cincinnati Zoo, Art for Kids, Children’s museum of Indianapolis [https://drive.google.com/file/d/1bV0KLHd_XNh4FrVFHUmckOUe_b_XULKg/view?fbclid=IwAR0w54bekfVV9RZQCCj-r0uSIn6dq-WvxsJN5ktomFnhl-0iuTQD-FwWMN](https://drive.google.com/file/d/1bV0KLHd_XNh4FrVFHUmckOUe_b_XULKg/view?fbclid=IwAR0w54bekfVV9RZQCCj-r0uSIn6dq-WvxsJN5ktomFnhl-0iuTQD-FwWMN)

Free homeschool resource designed for emergency periods (Designed during Hurricane Katrina); lesson plans include household items or links to free internet resources [https://www.amblesideonline.org/HELP.shtml?fbclid=IwAR1ZXxPOADqUXDdyG_HRXjlsa0dQEJBi6yQZNSHRtV1yVRJSpZBjcK0tVg](https://www.amblesideonline.org/HELP.shtml?fbclid=IwAR1ZXxPOADqUXDdyG_HRXjlsa0dQEJBi6yQZNSHRtV1yVRJSpZBjcK0tVg)
We are going LIVE on Facebook!
Beginning Monday March 16
from our community music studio in Silverton.

NOW!

LUNCHTIME LIVE!

Join us! From your desktop or your dining room.
Monday—Friday 12:00—12:15 pm
Put a little live music in your day. Sing along! Play along! Interact!
On our Facebook page at www.facebook.com/MelodicConnections
Ways I Can Help

**Blood donation**
Hoxworth Blood Center is calling on healthy people to donate blood because some area groups are canceling their blood drives and some individuals are cancelling their donation appointments over fears of spreading COVID-19. **That fear is causing a shortage of blood products across the United States - surgery, chemo-therapy, trauma patients and others are still in need of life-saving blood, irrespective of COVID-19.**

In addition to supplying our 30+ Cincinnati-area hospitals, Hoxworth is currently helping to supply various parts of the U.S. with blood. However, please self-defer or postpone your blood and platelet donation if in the last 28 days you:

- Lived in or traveled to areas with COVID-19 outbreaks (including Italy, France, Germany, Spain, China, South Korea, Iran)
- Live with or have had contact with someone who was diagnosed with or suspected of having COVID-19
- Have been diagnosed with or suspected of having COVID-19

To schedule an appointment:

- Online: [https://donateblood.uc.edu/donor/auth/signin](https://donateblood.uc.edu/donor/auth/signin)
- By phone: (513) 451-0910

**Donating to food pantries:**
Consider donating money to food banks instead of or in addition to shelf stable food. They can often leverage to make the money go farther through partnerships.

- Free store Food Bank [https://freestorefoodbank.org](https://freestorefoodbank.org)
- Queen City Kitchen [https://www.queencitykitchen.org/donate-3](https://www.queencitykitchen.org/donate-3) (Serves Walnut Hills)
- Our Daily Bread [https://ourdailybread.us/donate-funds/](https://ourdailybread.us/donate-funds/)

**Donating to YMCA for Childcare**
The YMCA is providing Childcare for health care professionals, but the cost is prohibitive for some. They have a fundraising campaign to provide scholarships. [https://cincinnatiymca.networkforgood.com/projects/95500-ymca-covid-19-childcare-response-fund](https://cincinnatiymca.networkforgood.com/projects/95500-ymca-covid-19-childcare-response-fund)